Dear [Department Chair/Supervisor],

I am writing to request approval to attend the 2025 MindWare Technologies Psychophysiology Seminar and Workshop. I believe my participation at the seminar and workshop will advance my research and provide opportunities for professional growth and development, ultimately helping to enhance our institution’s standing within the scientific community.

The 2025 training event is taking place August 8th-10th atThe Hyatt Regency Hotel in Columbus, Ohio. The presenters this year are Dr. Gary Berntson and Dr. Greg Norman, acclaimed researchers in the field. The event will last 3 days to allow for in-depth coverage of topics including heart rate variability and impedance cardiography.

My projected costs for attending the MindWare Psychophysiology Seminar are:

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| --- | --- |
| Registration Fee:*Regular Registration: $745.00Student Registration: $445.00* | $ |
| Hotel (3 nights)*Arrival on Thursday, August 7th- departure on Sunday, August 10th* | $190 a night (plus taxes & fees) |
| Airfare | $ |
| Miscellaneous (Meals, Taxi, Etc.) | $ |
| ***Total*** | *$* |

This investment of financial resources and my time at the seminar and workshop will help enhance my research and professional knowledge. It will also broaden my network of contacts that share our research interests. I would be happy to present key takeaways to you and our fellow colleagues upon my return.

I appreciate your consideration of my request and look forward to receiving your approval.

All the best,

[Your Name]